

# Want to make a lasting impact in the health of your community?

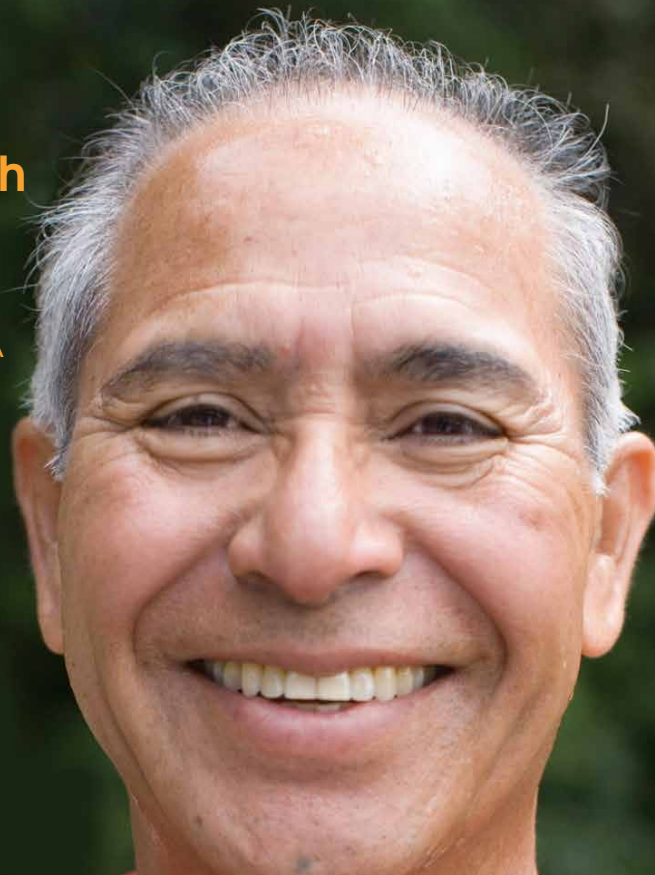
The Living Healthy: Chronic Disease Self-Management Program provides practical education to inspire positive health behaviors in those wanting to take charge and take control of their health. We are currently looking for volunteers interested in becoming facilitators for this evidence-based workshop.

## Volunteer/ Leader Responsibilities:

- Leads a minimum of one, six-week workshop each calendar year (once a week, for 2 1/2 hours each session).
- Follows fidelity standards as prescribed by program developers at Stanford University.
- Collaborates with a co-facilitator for workshop planning and implementation.
- Uses quality customer service skills and practices confidentiality with participant information
- Assists in the recruitment of workshop participants and the identification of new community locations

## Next Four-day Leader Training will be in Asheville: Tuesday April 4th through Friday April 7th

Chronic Pain Program Cross Training:  
Thursday April 20th and Friday April 21st  
Diabetes Program Cross Training dates: TBA



Register with Stephanie at 828.251.7438  
or [stephanie@landofsky.org](mailto:stephanie@landofsky.org)