

Chronic Disease Self-Management Program LAY LEADER TRAINING

REGISTRATION

For Training Dates:

Living Healthy Leader Training

Tuesday, April 4 through Friday, April 7 - 8:30 am to 4:30 pm, Daily

Chronic Pain Program Cross Training

Thursday, April 20 and Friday, April 21 - 8:30 am to 4:30 pm

Diabetes Program Cross Training

Monday, May 1 and Tuesday, May 2 - 8:30 am to 4:30 pm



Position: _____ OR Volunteer: _____

First Name: _____ Last Name: _____

Organization: _____

Address: _____

Home: _____ Work: _____

Phone: _____ Fax: _____ Email: _____

Please Note: Leaders and their organization will be asked to sign an agreement (MOA) in which they will:

- Facilitate at least one six-week workshop annually
- Attend yearly update trainings
- Maintain the integrity of the CDSMP

Training sessions are **FREE OF CHARGE** and will be held at:

Land of Sky Regional Council, 339 New Leicester Hwy., Suite 140, Asheville

Lunch, snacks and materials will be provided.

Please complete the Registration Form and the following Pre-Screening Form and return to:

Stephanie Stewart - stephanie@landofsky.org

OR mail to: Land of Sky Regional Council, Attn: Stephanie Stewart

339 New Leicester Hwy, Suite 140, Asheville, NC 28806



My Basic Availability

I would be available for sessions held:

Monday Tuesday Wednesday Thursday Friday Weekends

Best time of the day: (2.5 hour sessions)

Mornings Afternoons Evenings

County / Counties I am willing to travel:

Buncombe Henderson Madison Transylvania

Do you speak more than one language? Yes No

If yes, what language(s): _____

How did you hear about Living Healthy?

Flyer Newspaper Word of Mouth Presentation

Other: _____

Please describe your interests in becoming a Living Healthy Leader:

