

# Chronic Disease Self-Management Program LAY LEADER TRAINING

## REGISTRATION

For Training Dates:

Living Healthy Leader Training

**Tuesday, April 4 through Friday, April 7 - 8:30 am to 4:30 pm, Daily**

Chronic Pain Program Cross Training (4-Day Leader Training Required to be Eligible)

**Thursday, April 20 and Friday, April 21 - 8:30 am to 4:30 pm**

Diabetes Program Cross Training (4-Day Leader Training Required to be Eligible)

**Monday, May 1 and Tuesday, May 2 - 8:30 am to 4:30 pm**



**LIVING  
HEALTHY**

FEEL BETTER  
TAKE CHARGE

Position: \_\_\_\_\_ OR Volunteer:

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Home: \_\_\_\_\_ Work: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

**Please Note:** Leaders and their organization will be asked to sign an agreement (MOA) in which they will:

- Facilitate at least one six-week workshop annually
- Attend yearly update trainings
- Maintain the integrity of the CDSMP

Training sessions are **FREE OF CHARGE** and will be held at:

**Land of Sky Regional Council, 339 New Leicester Hwy., Suite 140, Asheville**

Lunch, snacks and materials will be provided.

Please complete the Registration Form and the following Pre-Screening Form and return to:

Stephanie Stewart - [stephanie@landofsky.org](mailto:stephanie@landofsky.org)

OR mail to: Land of Sky Regional Council, Attn: Stephanie Stewart

339 New Leicester Hwy, Suite 140, Asheville, NC 28806



## My Basic Availability

I would be available for sessions held:

Monday      Tuesday      Wednesday      Thursday      Friday      Weekends

Best time of the day: (2.5 hour sessions)

Mornings      Afternoons      Evenings

County / Counties I am willing to travel:

Buncombe      Henderson      Madison      Transylvania

Do you speak more than one language?      Yes      No

If yes, what language(s): \_\_\_\_\_

How did you hear about Living Healthy?

Flyer      Newspaper      Word of Mouth      Presentation

Other: \_\_\_\_\_

Please describe your interests in becoming a Living Healthy Leader:

