



Eastern Carolina Council  
Area Agency on Aging

# Chronic Pain Self Management Cross Training October 19-20, 2017

- \* Cross-training in Chronic Pain Self Management (SMRC, formerly Stanford University Self Management Programs) for those who are already trained in CDSMP. This is a full two-day training and you must attend entire training to receive lay-leader certification.

**October 19-20, 2017 - 9:00 a.m. - 4:30 p.m.**

**Eastern Carolina Council Area Agency on Aging  
233 Middle Street, New Bern, NC  
2nd Floor Conference Room**

Cost is \$50 for Region P providers and \$100 for all others. Cost includes lunches, snacks and materials.

**Pre-Registration is required.**

Contact Andi Reese at (252) 638-3185 ext. 3015  
or [areese@eccog.org](mailto:areese@eccog.org) for more information or to register.



**SMRC**  
Self-Management  
Resource Center