

# Diabetes Self-Management Program

## Leader Training

**Thursday, November 16 & Friday, November 17, 2017**

**Durham County Human Services Building**

414 E. Main St

9:00 a.m.-4:00 p.m. \* \*

*\*participation in both days is required for leader certification*

*\*\*training will end before 2:00pm on the second day.*



Diabetes Self-Management Program (DSMP) is an evidence-based health promotion program designed by Stanford University that is scientifically proven to be effective in helping people better manage their diabetes. DSMP provides education and support to people living with or caring for someone with diabetes.

As a **DSMP Lay Leader** you will be able to co-lead the 6-week DSMP workshop in your community. Lay Leaders do not need to be healthcare professionals. All workshops and trainings are designed to be facilitated by 2 people, so it is ideal to send 2 people to the training, but it is not a requirement.

**Please note:** *To be eligible for the DSMP cross-training you must have completed the Chronic Disease Self-Management Program (CDSMP).*

*Register today! Click the link below for online registration or complete the document on page 2 of this flyer:*

<http://events.constantcontact.com/register/event?llr=gdhnt6dab&oeidk=a07eef3m5tk526b368d>

# Diabetes Self-Management Leader Cross-Training

November 16-17, 2017

## Registration Form



Public Health

Return completed registration to:

Willa Robinson Allen  
Durham Co. Health Dept. 414 E. Main Street  
Durham NC 27701  
**919-328-6083 (fax)**  
wrobinson@dconc.gov

Or save time and postage by registering here:

[http://events.constantcontact.com/register/event?  
llr=gdhnt6dab&oeidk=a07eef3m5tk526b368d](http://events.constantcontact.com/register/event?llr=gdhnt6dab&oeidk=a07eef3m5tk526b368d)

Name	
Agency/Organization	
Address	
Email	
Phone	
Do you have any special needs or request for the training? <input type="checkbox"/> yes <input type="checkbox"/> no If yes, please explain:	

**Recommended lodging:**

Hampton Inn  
1542 Gregson Street

**Please note that Lay Leaders will be asked to sign an agreement stating they will:**

- Facilitate at least one six-week (1 session per week) workshops each year
- Attend an annual update meeting
- Maintain the integrity of the Diabetes Self-Management Program

**Registration Deadline: Thursday, November 9, 2017**