Scheduled 2018 Coach and Lay Leader Training

Centralina Health Solutions

9815 David Taylor Drive, Suite 100, Charlotte, NC 28262

Contact Annette Demeny at 704-348-2736 or ademeny@centralina.org

to register

March 2018 Trainings

Chronic Pain Self-Management (CPSMP) Lay Leader Training

March 8, 9, 15, and 16, 2018

9 am—4 pm daily

April 2018 Trainings

Building Better Caregivers (BBC) Lay Leader Training

April 9, 10, 16, and 17, 2018

9 am—4 pm

May 2018 Trainings

A Matter of Balance (MOB) Coach Training

May 10 and 11, 2018

9am—4pm daily

Chronic Disease Self-Management (CDSMP) Lay Leader Training

May 17, 18, 24, and 25, 2018

9am—4pm daily

Tomando Control de su Salud (Spanish CDSMP) Lay Leader Training

May 21, 22, 28 and 29, 2018

9am—4pm daily

CENTRALINA Area Agency on Aging

Centralina HEALTH SOLUTIONS

CENTER FOR HEALTHY AND LIFELONG COMMUNITIES

Fee ~ There's no charge to attendees teaching in Centralina's region (*Anson, Cabarrus, Gaston, Iredell, Lincoln, Mecklenburg, Rowan, Stanly, and Union counties*).

There's a $300 charge for 4-day trainings and a $150 charge for 2-day trainings for those attendees outside Centralina's nine county region.