

Scheduled 2018 - 2019 Coach and Lay Leader Training

Centralina Health Solutions

9815 David Taylor Drive, Suite 100, Charlotte, NC 28262

Contact Annette Demeny at 704-348-2736 or ademeny@centralina.org

to register

September Trainings

Living Healthy with Chronic Pain

2-Day Lay Leader Cross Training

(You must be a certified CDSMP Leader to participate in Cross Training)

September 17 and 18, 2018

9am—4pm daily

Building Better Caregivers

2-Day Lay Leader Cross Training

(You must be a certified CDSMP Leader to participate in Cross Training)

September 27 and 28, 2018

9am—4 pm daily

Tomando Control de su Salud

Lay Leader Training

**Training at: Camino Community Center
201 Stetson Dr. | Charlotte**

September 14, 15, 21 and 22, 2018

9 am -4 pm daily

October Training

Living Healthy with Diabetes

4-Day Training

October 29, 30, November 5 and 6, 2018

9am—4pm daily



Metrolina Falls Preventions Expos

Levine Senior Center, Matthews

Wednesday | September 26, 2018

10 am—2 pm

St. Mark Catholic Church, Huntersville

Wednesday | October 17, 2018

10am—2 pm

Centralina Aging Conference

Friendship Missionary Baptist Church, Charlotte

Thursday | October 25, 2018

2019!!

January Training

Living Healthy with Chronic Pain

Lay Leader Training

January 10, 11, 17, and 18, 2019

9am—4pm daily

SAVE THE DATE!!

Annual Leader/Coach Retreat

Location ~TBD

December 7, 2018 | 9am-2pm

Fee ~ There is no charge to attendees teaching in Centralina's region (Anson, Cabarrus, Gaston, Iredell, Lincoln, Mecklenburg, Rowan, Stanly, and Union counties).

For attendees outside Centralina's nine county region there is a \$300 charge for the 4-day training and a \$150 charge for the 2-day training.