



2019 Training Schedule

September 2019 Training

Building Better Caregivers

Lay Leader Cross-Training

(You MUST be a certified Living Healthy Leader to participate in 2-day Cross-Training)

September 19 and 20, 2019

9am—4pm daily

October 2019 Training

Living Healthy with Chronic Pain

Lay Leader Training

October 3, 4, 10 and 11, 2019

9am—4pm daily

Tomando Control de su Salud

Lay Leader Training

(You MUST be able to speak and read Spanish fluently)

October 17, 18, 21, and 22, 2019*

9am—4pm daily

**Training will be held at ~ Concord Community Free Clinic, 528 Lake Concord Rd, NE, Concord, NC*

November 2019 Training

Living Healthy with Diabetes

Lay Leader Training

November 7, 8, 14 and 15, 2019

9am—4pm daily

Click [HERE](#) to register:

For more information, contact

Angel Vanover at 980-521-3935 or astoy@centralina.org.

Visit our website at www.centralinaaging.org

Fee ~ Volunteers ~ no charge for trainings, if teaching in Centralina's region (Anson, Cabarrus, Gaston, Iredell, Lincoln, Mecklenburg, Rowan, Stanly, and Union counties). Leaders associated with professional organizations ~ no charge for trainings however, will be charged cost of training if a workshop is not conducted within 12 months of certification.

There is a \$300 charge for 4-day trainings and a \$150 charge for 2-day trainings for those attendees outside Centralina's nine county region.

Location ~ All training are held at Centralina AAA, 9815 David Taylor Drive, Suite 100, Charlotte, NC