

volunteer

something for everyone

become a leader, a mentor
provide opportunities for *growth*
facilitate hands-on learning
flexible *time* commitment

upcoming trainings

October 2019 Training

**Living Healthy with
Chronic Pain**

Lay Leader Training

October 3, 4, 10 and 11, 2019

9am—4pm daily

October 2019 Training

**Tomando Control de su
Salud**

Lay Leader Training

***(You MUST be able to speak
and read Spanish fluently)***

October 17, 18, 21, and 22, 2019*

9am—4pm daily

***Training will be held at ~ Concord
Community Free Clinic, 528 Lake
Concord Rd, NE, Concord, NC**

November 2019 Training

Living Healthy with Diabetes

Lay Leader Cross-Training

November 7, 8, 14 and 15, 2019

9am—4pm daily