



## **The Healthy Aging NC Initiative**

[www.healthyagingnc.com](http://www.healthyagingnc.com)

Healthy Aging NC, an initiative of the North Carolina Center for Health and Wellness (NCCHW) at UNC Asheville, offers easy access to, and information on, evidence-based health promotion and disease prevention programs in North Carolina. Healthy Aging NC connects people and agencies to the programs that improve community health, increases the capacity of agencies to offer these programs, maintains a website with current program information and online registration, and collects the data to create outcomes reports.

### **The ACL Grant**

NCCHW received a three-year Administration for Community Living (ACL) grant to support the delivery of Chronic Disease Self-Management (CDSME) programs statewide, and build the capacity of Area Agencies on Aging (AAA) to be reimbursed by Medicare for the group-based Diabetes Self-Management Program and Medical Nutrition Therapy.

#### **NCCHW's goal for the ACL Grant for North Carolina:**

To support AAAs as the regional organizations delivering CDSME programs in North Carolina and secure sustainability of these programs.

#### **NCCHW's objectives of the ACL Grant:**

1. Improve NC AAAs ability to administer CDSME programs by removing administrative barriers.
2. Guide AAAs in accreditation by the American Association of Diabetes Educators (AADE).
3. Facilitate reimbursement of CDSME programs through Medicare and quality improvement billing.
4. Expand relationships between NCCHW and state-level partners.

#### **To accomplish NCCHW's objectives, the Healthy Aging NC team plans to work with our network of partners to:**

- Continue supporting data collection and reporting of CDSME programs for all organizations implementing the program in NC;
- Assess participant demographics and self-activation metrics;
- Support the retention and replenishment of CDSME Master Trainers (MTs);
- Secure AADE accreditation for at least five NC AAAs and develop a Medicare reimbursement pathway for the group-based Diabetes Self-Management Program; and
- Develop a portfolio of resources including toolkits with templates for NC AAAs to secure AADE accreditation and bill Medicare for diabetes programming.

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