



# Fall Prevention Awareness Week 2020

SEPT 21-25TH, 2020  
TIMES VARY  
VIRTUALLY ON  
FACEBOOK LIVE!  
PTRC AAA  
FACEBOOK PAGE

Join us each day to learn about topics such as:

- Exercises for Better Balancing,
- Social Isolation,
- Home Modifications,
- Medications and Fall Risk,
- and sign up for a personalized fall screenings with WSSU!

**For questions or more information, contact Evelyn Smith at [agewell@ptrc.org](mailto:agewell@ptrc.org) or 336-904-0300.**

*This event is brought to you by:*

