



# VIRTUAL BALANCE ASSESSMENT

Are you a North Carolina Resident 65 or older? You're eligible for a one-on-one balance assessment with Physical Therapy students, Occupational Therapy students, and faculty from Winston-Salem State University. Receive customized recommendations on home fitness recommendations from the comfort of your home through a virtual platform!

**To sign up, fill out our online sign up form click [HERE](#) or email [acfallsgrant@wssu.edu](mailto:acfallsgrant@wssu.edu)**



Thursday June 17th & 24th  
2-4 PM  
Virtually on Zoom

Event sponsored by:

