

# 2022 TRAININGS



**CENTRALINA**  
Area Agency on Aging

Email [kscarano@centralina.org](mailto:kscarano@centralina.org) for more information



Lay Leader Training  
January 13, 14, 20, 21, 2022  
9:00 am - 4:00 pm



Cross Training  
February 10,11, 2022  
9:00 am - 4:00 pm  
(Must be Certified Living Healthy leader to participate in cross-training)

MOB  
Coach Training  
February 24, 25, 2022  
9:00 am - 4:00 pm



MOB-V  
Virtual Training  
March 4 , 2022  
8:00 am - 12:30 pm  
(Must be Certified MOB leader to participate in virtual training)

Fee - Volunteers - no charge for trainings, if teaching in Centralina's region (Anson, Cabarrus, Gaston, Iredell, Lincoln, Mecklenburg, Rowan, Stanly, and Union counties). Leaders associated with professional organizations - no charge for trainings however, will be charged cost of training if a workshop is not conducted within

12 months of certification.

There is a \$300 charge for 4-day trainings and a \$150 charge for 2-day trainings for those attendees outside Centralina's nine county region.

Location - All trainings are held at Centralina AAA, 9815 David Taylor Drive, Suite 100, Charlotte, NC