

## *Walk With Ease* FIDELITY EVALUATION CHECKLIST

**WWE Class Leader Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Monitor:** \_\_\_\_\_

		Yes	No	Not Consistently/ Not Applicable	Comments:
1.	Meeting space is practical and safe for participants' needs-level (e.g. handicapped parking, restrooms, seating if necessary)				
2.	The leader uses, distributes and collects all appropriate forms (e.g., attendance log, participant information form, post-program survey, handouts)				
3.	The Leader follows the Walk With Ease Leader's Guide				
4.	The Leader appropriately manages and reinforces group participation				
5.	The Leader encourages reading of chapters and using motivational tools				
6.	The Leader appropriately demonstrates and leads the 5-step walking pattern				
7.	The Leader uses appropriate safety strategies when walking (e.g. uses buddy system, walks with slowest walkers)				
8.	The Leader appropriately refers questions about health issues to participants' health care providers				