

WWE Leader Name:

Date:

Monitor:

In-Person Programs	Yes	No	N/A	Comments
The leader meets all leader requirements (e.g. completed online leader training, maintains current CPR certification, leads at least one program per year)				
Meeting space is practical and safe for participant' needs-level (e.g. handicapped parking, restrooms, seating if necessary)				
The leader uses, distributes, and collects all appropriate forms (e.g. attendance log, participant information form, and post-program form)				
The leader follows the Walk with Ease Leader's Guide				
The leader appropriately manages and reinforces group participation				
The leader encourages reading of chapters and using motivational tools				
The leader appropriately demonstrates and leads the 5-step walking pattern				
The leader uses appropriate safety strategies when walking (e.g. uses buddy system, walks with slowest walkers)				
The leader appropriately refers questions about health issues to participants' health care providers				

WWE Leader Name:

Date:

Monitor:

Self-Directed Enhanced Programs (Virtual/Hybrid)	Yes	No	N/A	Comments
The leader meets all leader requirements (e.g. completed online leader training, leads at least one program per year)				
The leader engages participants on a virtual platform (i.e. email, facebook, zoom, etc.) at least once per week for 6 weeks				
The leader uses, distributes, and collects all appropriate forms (e.g. participant information form and post-program form)				
The leader follows the Arthritis Foundation Self-Directed Enhanced Toolkit guidelines				
The leader appropriately manages and reinforces group participation as able				
The leader encourages reading of chapters and uses motivational tools				
The leader appropriately shares and explains the 5-step walking pattern				
The leader appropriately refers questions about health issues to participants' health care providers				