



**The NC Falls Prevention Coalition invites all older adults to attend our next meeting!**

**Do you have ideas about how to prevent falls in your community?**

**Want to stay strong and active?**

**Want to meet other people working to raise awareness?**



**We value your input.**

**COME SHARE YOUR IDEAS!**

**Let's talk about **ADVOCACY**.  
What does it mean?  
How can I get involved?**

**Join the conversation!  
Feb. 15th, 10am-12 pm via  
Zoom**

**Register HERE or visit site below.  
All are welcome.**



**Join us **February 15, 2023!****

**Did you know that we have a Senior Tar Heel Legislature?**

**Come hear from expert speakers from NC, AARP and the National Council on Aging on how to advocate for falls prevention.**

**Visit [www.ncfallsprevention.org](http://www.ncfallsprevention.org) for more information!**